

Newsletter

Parklea Public School

News and Information for Parents and Friends

Phone: 9629 2518 Email: parklea-p.school@det.nsw.edu.au

Website: <http://www.parklea-p.schools.nsw.edu.au/>



Term 1 – Week 10

Friday 31st March, 2017

Uniform Shop:

Monday: 2:30pm – 3:30pm
Friday: 8:30am – 9:30am

Twitter:

@parkythepelican
<https://twitter.com/parkythepelican>



School App:



Download our new Team App to stay up to date with the latest information

Direct from the School Leadership Team

School Development Days:

An important reminder about our upcoming Staff Development Days. We will have two student free days on Monday 3rd and Tuesday 4th April. OOSH will be providing services to parents and the community to support this change.

Parklea students will attend school on Monday 24th April and will also attend school on Monday 17th July.

Staffing Updates:

As the term draws to an end, we have some staffing changes we wish to communicate.

Firstly, Mr Fisk has been successful in obtaining a permanent appointment as a Deputy Principal at another local school. As a result, his final day here at Parklea will

be next Friday 7th April. Mr Fisk came to us at the beginning of 2012 as an Assistant Principal and has moved from this role into the role of relieving Deputy Principal in place of Mrs Mlinaric. He has been exemplary in taking on the many leadership roles associated with this senior position and his positive and approachable manner will be sadly missed. Mr Fisk will be a great asset in his new school and we all know that he will continue to develop and provide the same positive trademark approach that is, Mr Fisk. I know that I am speaking on behalf of a great many parents, carers, teachers and students in wishing Mr Fisk continued success in all that is before him. He will be missed and he has certainly left a positive legacy here at Parklea Public School.

As you may also be aware, Mrs Tara Flannery received a service transfer to another school over the recent Christmas school holiday period. We have received notification from the NSW Department of Education that our school has had her vacancy filled by central appointment. As a result of this vacancy being filled, Ms Beth Pasfield will be concluding her role as classroom teacher of 2P at the end of Term. We thank Ms Pasfield for her efforts throughout the term and wish her all the very best in her future employment.

We welcome our new permanent appointment, Mrs Katarina Jurcevic, who will be taking over as the classroom

teacher of 2P for the remainder of the year. Mrs Jurcevic comes to us with a range of teaching experience and has worked at schools in the South West of Sydney. We will arrange a meet the teacher session during Term 2 and there will be a hand over process between Ms Pasfield and Mrs Jurcevic before the end of the term.

We appreciate your support while these changes are in place.

We have also received news that Dave – our friendly crossing supervisor, will be finishing up at the end of term 1. I would like to commend his work ethic and positive approach to a sometimes difficult job. Thank you on behalf of our school community and we wish you well in your future endeavors.

A Message from Mr Fisk:

Dear Parklea community,
I wanted to make sure I put it in writing that, despite how excited I am to be beginning the next step in my own professional learning journey, the feeling is bitter sweet as I will truly miss Parklea; the community, the parents, the staff and of course, the students who I have learned so much about in my time here at the school. I've been very lucky to call Parklea my workplace and I have developed many wonderful relationships with many members of our school community.

Next term, I will begin my new role as Deputy Principal at a school not too far from Parklea (I'll let you work out which one...) Needless to say, you will likely see me in passing around the local area. Please keep smiling at me, say hi and let me know what you're up to.

To each of you, thank you for your support in my various roles here at the school.

Parklea has equipped me well to take on my new position and as our school song promotes, we truly are (one of) the best schools in the Hills.

To finish off with something a little inspirational and a quote that I cherish dearly as an educator. It is a mantra I continually refer to and it drives me to do what I do each day:

"Every child deserves a champion; an adult who will never give up on them, who understands the power of connection and insists that they become the best they can possibly be." (Rita Pierson)

This is a quote I always remember when I do what I do working with our students. Because let's face it, we don't learn from people we don't like.

Again, thank you for your support, all the very best and warmest regards,

Scott Fisk.



A Message from Michelle Rowland MP:

Yesterday, we had a special visit from our local member, Michelle Rowland MP. We have included the correspondence email from her office for your reference:

"Dear Parklea Public School.

I am writing with regards to the Eastern Colouring Competition that was run by Michelle Rowland MP over the past few weeks.

As you know, Isadora Willis from Parklea Public School was the winner in the Kindergarten division. Once again, congratulations!

Please find attached a photo taken of Michelle and Isadora today following the presentation of her wonderful prize.



Thank you for your submissions – please pass on our thanks to all of your students who entered the competition.

Kind regards,

Adam Boidin
Office of Michelle Rowland MP
Shadow Minister for Communications
Federal Member for Greenway"



Well done Isadora!

Late Pick up of Students:

We are finding that there is a growing number of students who are not being picked up until well after 3.00pm in the afternoon. There are sometimes instances where parents are held up unavoidably, which we do understand.

However, if you are unable to pick up your child on time on a regular basis, you need to make alternative arrangements. The teachers are not in a position to “mind” children after school as they are regularly involved in meetings, professional learning or in-service sessions. Can we stress that asking your child to meet you offsite at the park across the road from the school or further up Glenwood Park Drive is NOT a safe late pick up solution and in doing this,

you are putting your child at risk. Thank you for your cooperation with this matter.

Change of Uniform Beginning Term 2:

Just a friendly reminder that full winter uniform begins next term after Mother's day (from Monday 15th May). If you require additional uniform items, please see our lovely ladies in our uniform shop. The uniform shop hours are located on the front page of this newsletter.

Assembly Changes beginning Term 2:

As a result of some logistical issues we are having here with assemblies occurring on Tuesdays, the school has now moved both the infants and primary assemblies to Thursday beginning Term 2. This will assist us in accommodating our infants sport program and our school band and music programs which run each week on Tuesdays.

Please take note of these changes for future assemblies.

Road Rules:

We have seen some very unsafe driving in and around our school in recent times. For your reference, below is an image of all the common breaches in school areas. What are you risking?

SCHOOL ZONE OFFENCES
WHAT ARE YOU RISKING?*

<p>FACT Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need YOU to take extra care when driving and parking around school zones.</p>	
<p>No Parking You have 2 minutes to drop-off or pick-up. You must stay within 3 metres of your vehicle. No waiting.</p>	<p>Penalties: \$180 + 2 DEMERIT POINTS</p>
<p>No Stopping You are not allowed to stop on a length of road with a No Stopping sign.</p>	<p>Penalties: \$325 + 2 DEMERIT POINTS</p>
<p>Bus Zone You must not stop your vehicle in a Bus Zone unless you are driving a public bus.</p>	<p>Penalties: \$325 + 2 DEMERIT POINTS</p>
<p>Mobile Phone Use Extra fines apply for using mobile phones in a school zone. May be subject to Double Demerits</p>	<p>Penalties: \$433 + 4 DEMERIT POINTS</p>
<p>Speeding Offences 40km/h is the limit. Children are vulnerable, so slow down in school zones.</p>	<p>Penalties: \$189 + 2 DEMERIT POINTS May be subject to Double Demerits</p>
<p>Pedestrian Crossings 1. In a queue of traffic, no part of your vehicle must stop on a pedestrian crossing. 2. Do not let your child in or out of a vehicle at a pedestrian crossing or in a No Stopping zone.</p>	<p>Penalties: \$433 + 4 DEMERIT POINTS</p>
<p>Driveways Do not park on or across a driveway.</p>	<p>Penalties: \$180 + 2 DEMERIT POINTS</p>
<p>U turns Illegal across double white lines. Also illegal on or near a pedestrian crossing.</p>	<p>Penalties: \$325 + 2 DEMERIT POINTS</p>
<p>Double Parking Double parking is illegal and is very dangerous in a school zone.</p>	<p>Penalties: \$325 + 2 DEMERIT POINTS</p>

PERUNITH CITY COUNCIL. Blacktown City Council
*Fines current as of March 2017. Fines and demerit points are subject to change.



K-2 Easter Hat Parade:

Our K-2 Easter Hat Parade will be on Thursday 6th April. More information will be sent home soon re: time and order of events in the coming week.

Easter Scripture Service:

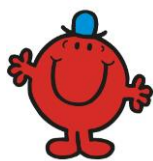
The annual Easter Scripture Service is to be held on Wednesday 5th April in the school hall. This is run by the scripture teachers. All students except those of Hindu, Sikh, Islamic and Jehovah's Witness faiths will attend. Alternate supervision will be provided for those students.

Parent Teacher Interviews – Week 2 Term 2:

These will occur early next term on Tuesday 2nd May (3-6 students) and Wednesday 3rd May (K-2 students). To give parents and caregivers flexibility to book a time most appropriate to their needs, we will be using an online booking system which has worked well in past years. More information and links for booking interview times will occur in the near future.

As this is the final newsletter for Term 1, have a safe and happy holiday break and we will see you all safe and sound next term.

Warm regards,



Mr Sutherland, Mrs Gracie & Mr Fisk
(School Senior Leadership Team)

School News**Stage 1 Past and Present Visitor:**

This term, Year One has been learning about past and present life as a part of our

history unit. During these lessons, students explored schooling in the past, toys and games played in the past and timelines.

Margaret Redrup-May works at Blacktown City Library. She came and visited our school to speak with our Year One students about her personal schooling experiences. The Year One students were filled with questions about what games she used to play, what would happen if you broke the rules and why the girls and boys sat separately during recess and lunch.

Margaret has been tirelessly encouraging the local community to utilise their wealth of knowledge at our local libraries. Only 33% of Glenwood are library members, however, in 2017 we are working together to increase this number.

Blacktown Libraries includes the Max Webber Library at the Corner of Flushcombe Road & Alpha Street Blacktown which hosts services such as, school holiday activities for students, multiple computers and laptops for general use and printing in colour or black and white.

Please visit the following website for a full list of services:

http://www.libraries.blacktown.nsw.gov.au/Library_Services

On behalf of Parklea Public School, we would like to thank Margaret for giving up her time to share her knowledge with our students and teachers.

Mr Corr

(On behalf of the Year 1 Students and Teachers)



ANZAC Day Service:

Our ANZAC Day service will be held on Friday 7th April at 10 a.m. Students are asked to bring flowers to school on the day to contribute to the wreaths we will be laying during the service.

Year 2 Rouse Hill Farm Excursion:

Last Friday, Year 2 students enjoyed a day at Rouse Hill Farm and House. The sun was shining, which allowed for a great day of fun, learning and exploration outdoors. The students had the opportunity to experience life in the 1880s.

Students participated in a diverse program of exhibitions, research and events such as walks, talks and tours so they could experience life in the past as if they had lived it themselves.

Some of the many learning activities students participated in included; feeding the chickens, milking a 'pretend' cow, hanging out washing, brushing a saddle, learning how to pump and carry water as well as working as a team to move bags of hay!

Students participated in a school house tour where they learnt about school life in the 1880s. Students learnt to salute the flag, participated in an outdoor drill lesson that consisted of marching and maypole dancing. Students were students in the school house and participated in a sewing lesson and classroom lesson on the life cycle of a silk worm.

Thank you to our students for their safe and respectful behaviour. Thank you also to our teachers, SLSOs and parents who came along to make this an enjoyable and memorable experience!

Mrs Gardwell**(On behalf of the Year 2 Students and Teachers)****Student Work Samples**

"On Friday, Year 2 went to Rouse Hill House and Farm. When we got there, we had recess. After we had recess, we got dressed up in uniforms from 1889 and we had name tags too. My name was Violet Turner. That was the name the teachers called us.

First, we went to the house which was the school. At the school, we learnt sewing, the life cycle of a silk worm and dancing around the maypole. Then we had lunch. After lunch, we went to the farm. At the farm, we fed the chickens and learnt how to milk the cows. We went in the horse stable and we saw the water pump. We pumped lots of water from it. My favourite part was when we got to use the water pump."

By Amritha 2D

"On Friday, Year 2 went to Rouse Hill House and Farm. First, we went to the school. My name was Seril. We wrote about the lifecycle of a silk worm. Then we did sewing. The last thing we did was marching around the maypole. These were the teachers of the school; Miss Fox and Mrs Turnbel. Then we had lunch and after that we went to the farm.

At the farm we learnt how to milk a cow. Next, we went into the horse stable. We had bags of hay and we had to throw them in the stable. After that, we fed the chickens."

By Lucas 2D

"All of Year Two went to the farm. On the way to Rouse Hill Farm, I sat next to Holly. My whole class came to the farm. It was fun on the bus.

When I got to the farm, I got to dress up in old fashioned clothing. I also held the iron at the servant's house, pump water near the bamboo trees and fed the chickens with chicken food. I marched around a maypole. I got to go in the Rouse Hill Farm House where they used to do their learning at school.

On the way back to school, I sat next to Dilpreet on the bus. I felt glad that I went to Rouse Hill Farm. My olden day girl name was Daisy."

By Ineika 2C

"At Rouse Hill House and Farm I got given a name and my name was Bessy Wright. We arrived at 9:20am.

When we got there, I got dressed into old fashioned clothes and on the dress there was a name badge with my name on it. The girl went first to the school to do some learning.

When we went to the farm, our tour guide's name was Scott. We learnt to do cursive writing and that was so much fun. You couldn't speak at all or you would be in trouble with the teacher. The teachers were very strict!

We got to pump the water out of an old water pump, hold an old iron and take off the clothes off the washing line. We also got to feed the chickens.

We learnt to sew and march around the maypole as a class. Scott said that the Rouse family used to live in the house. The Rouse Hill House was like a mansion and was amazing. I really felt amazed by how people used to learn in the olden days."

By Holly 2C

"On Friday, 24th March, we went on an excursion to Rouse Hill House and Farm. Firstly, we went to the bus and I got to sit with my best friend and play cool things. Secondly, we saw the ladies and we got our recess. Then we walked to the water tap and we got a go of it for two turns.

Next, we went to see how to milk a cow.

Then, we got to feed the chickens and our teacher showed us how to feed them.

After, we had to dress up as olden day little people and go to school. I got to do times tables with an abacus. It was really fun to do marching and writing and sewing."

By Gabriella 2P

"On Friday, 24th March, Year 2 went to Rouse Hill House and Farm. Firstly, we went to the old milking shed. Ruby pretended to milk Nathan. Nathan was pretending to be the cow named 'Moomoo'.

Next, we went to the chickens to feed them. We gave them chicken food.

After, we went to the school, I swung around the red and white pole. We went to sewing and we sewed a house. It was fun. We went into the school where we learnt some words and it was so fun.

My favourite part was the school house. "

By Kristopher 2P

"On Friday the 24th of March, Year 2 classes went to Rouse Hill house and farm. We got to feed the chickens, but that was after we got to get dressed up in olden day clothes.

With the clothes we got name tags that had names like, Elsie, Lottie, Alice and Duncan.

The best session was pretending to go to the olden day school and celebrate the May festival. We also got to do sewing. It was so much fun!

After that, we got to feed the chickens and hold old irons. They were heavy for some of my friends. At the farm I learnt how to milk a cow. The tour guide, Nat was really nice.

Rouse Hill house and farm was really fun. One day, I hope to go there again."

By Naomi 2F

April 2017 Newsletter



Parklea Public School Parents and Citizens Association



Welcome

Dear Readers, welcome from your P & C Committee. The Newsletter is intended to provide another source of communication on how your P & C is addressing and coordinating issues with the school and to provide updates on fundraising activities.

Your P & C Committee and Membership Update

Thanks to all who attended the P&C Annual General Meeting on 15th November, with the newly elected members of the P & C Executive Committee members for 2017 being;

- | | |
|----------------------------|-----------------|
| • President | Jason Clinch |
| • Vice President | Victoria Thomas |
| • Vice President | Brenda Warren |
| • Treasurer | Ian Macfarlane |
| • Secretary | Cathy Paul |
| • Fundraising Coordinator | Lisa Barrett |
| • Uniform Shop Coordinator | Tina Smith |

Membership is open to all parents and guardians of pupils attending the school and to citizens within the school community. Our general meetings are held on the 3rd Tuesday of each month with the Executive Committee, Members, School Principal and teaching staff in attendance, starting at 7pm.

Uniform Shop

Look out for our separate Uniform Shop Newsletter which has updates on availability of new school uniform items and the Uniform Shop opening hours. **A reminder that we will be going into the Winter Uniform in Term 2 – the date for uniform change has now moved to commence from The Monday after Mother's Day – 15th May.**

Upcoming Events

Thursday 11th May 2017

Mother's Day Stalls

Last year our gift packs and baskets were very popular and we will be doing the same – our gift packs with multiple items in each pack and prices will range from \$5-\$15. We also have individual items ranging from \$1 to \$20 available. Don't forget to buy for Grandma's & Nanna's too !!!

If you can help out on the day please text or call Lisa 0414 464 873. Any time you can spare will be appreciated.

Tuesday 16th May 2017

P&C General Meeting 7:30 pm

A reminder that there is no P&C meeting in April - our next meeting is on 16th May. We are always looking for new members to come along and find out what the P&C does to assist the school throughout the year.

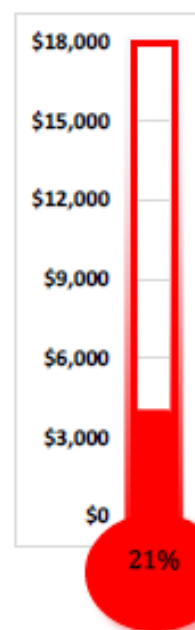


Notes from the February General Meeting

- **Kings Langley Lions Club** assisted in running the BBQ at our Performance Night last December. In gratitude of their services the P&C donated a cheque for \$300.
- **P&C Working Bees** with the school – our first Working Bee will be on Sunday 7th May from 10am until 2pm - parents, students and community members are welcome to come along to assist helping out fixing / tidying / decorating from the school's to-do list in 2017. A BBQ lunch will be available.
- Council Election Day Saturday April 8th – the P&C will not be operating a BBQ on polling day.
- Other issues, including the Principal's Report, Uniform Shop Report, Fundraising Report and Treasurer's Report, are as recorded in the February Minutes of Meeting – please join the P&C membership to receive a copy.

Fundraising Efforts

- Our Annual Fundraising target for 2017 has been set at \$18,000, similar to last year. A survey was conducted with parents and students at Meet the Teacher night to seek responses on a number of options to allocate the P&C fundraising funds – the top vote was for the funds raised to go towards a new learning space in the Library.
- **Family Bingo Night Outcome** – a terrific family and community night that exceeded the P&C expectations for attendance and fun – from the adults & kids bingo, the gold coin games and the great raffle prizes. This managed to contribute around \$1,700 to our fundraising target. Our gratitude goes to Mr Harvey for being the principal MC and bingo caller on the night and to Lisa Barrett for all the hard work organizing the event. A special thanks to all the individual sponsors who donated prizes for the raffle, and helpers on the night. Yes, we will definitely run another Bingo Night next year!
- **Mother's Day Stalls** – Volunteers are required to assist initially with preparing gift packs and baskets, then to man the stalls on Thursday 11th May. Please contact Lisa Barrett if you wish to volunteer.



Fundraising Goal 2017

School Website and P&C Information

For Information visit

<http://www.parklea-p.schools.nsw.edu.au/our-school/parents-and-citizens-association>

Contact email

parkleapandc@gmail.com

School Team App

Make sure you have the School Team App from the App Store or Google Play to keep upto date with school notifications.



SCHOOL ZONE OFFENCES

WHAT ARE YOU RISKING?*



Children are small, harder to see, behave unpredictably and are extremely vulnerable. They need **YOU** to take extra care when driving and parking around school zones.



No Parking

You have 2 minutes to drop-off or pick-up. You must stay within 3 metres of your vehicle. No waiting.



Pedestrian Crossings

1. In a queue of traffic, no part of your vehicle must stop on a pedestrian crossing.
2. Do not let your child in or out of a vehicle at a pedestrian crossing or in a No Stopping zone.



No Stopping

You are not allowed to stop on a length of road with a No Stopping sign.



Driveways

Do not park on or across a driveway.



Bus Zone

You must not stop your vehicle in a Bus Zone unless you are driving a public bus.



U turns

Illegal across double white lines. Also illegal on or near a pedestrian crossing.



Mobile Phone Use

Extra fines apply for using mobile phones in a school zone. *May be subject to Double Demerits*



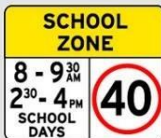
Double Parking

Double parking is illegal and is very dangerous in a school zone.



Speeding Offences

40km/h is the limit. Children are vulnerable, so slow down in school zones.



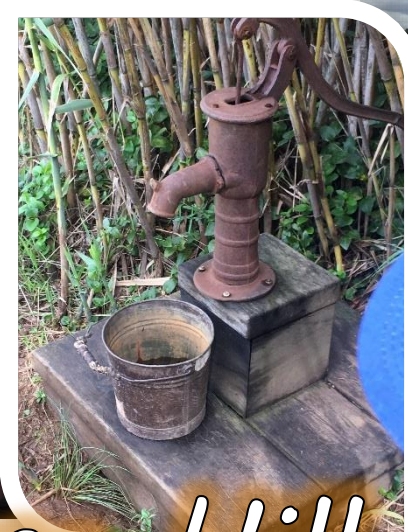
May be subject to Double Demerits

PENRITH CITY COUNCIL



*Fines current as of March 2017. Fines and demerit points are subject to change.

Year 2 Excursion



Rouse Hill Farm



64
SPORT



Lawrence Machado

THE Hills Bulls under-9s produced a courageous effort in the knockout stages to win the 2017 NSW State Oztag title at Coffs Harbour.

The team went through the three-day competition undefeated, staying focused despite the stifling heat.

In the semi-finals, the Bulls and Central Coast were drawn 2-2 at full time.

The drop off was enforced — where only five players are on the field — with the Hills girls scoring the first point to snatch a 3-2 win.

The final against Nepean proved tougher with the Bulls snatching a dramatic equaliser on the buzzer to make it 3-3 and pushing the game into a drop off.

The Hills were on the ball in the drop off scoring first to be crowned champions.

For head coach Adam Rowe and his assistant Alison Gwynne, the victory was extra special because of the extra time heroics.

“From the very first training session, I knew these girls had that extra special something for Oztag,” Rowe said. “To win a State cup, undefeated, after a hard fought grand final in extra time, is simply amazing.”

The U9s were one of three

Hills Bulls girls teams to emerge as champions from the NSW Oztag State Cup.

The Bulls fielded a team in every age division, with 12 sides making the finals play-offs and the U10s and U12s also winning their divisions.

The U9s were nominated for the Local Sports Star Junior Sports Star Team award.

The Local Sports Stars program is searching for

outstanding athletes aged under 18, as well as those that love and contribute to making sport a great experience for everyone. There are five categories to nominate people in: Junior Sports Star Individual, Junior Sports Star Team, Young Sporting Spirit Individual, Young Sporting Star Team and Service to Sport.

Nominate a star at localsportsstars.com.au

LOCAL SPORTS STARS
celebrate local

Thanks to our 2017 sponsors

Your local club

Congratulations Sarah!!!

Parklea are so proud of your achievement!

RAINBOW Mufti Day

Come dressed in your best rainbow colours !

Friday 7th April



Parklea Public School would like to show its support to the Watkins Family & Brain Injury Australia. Katrina, John & Cooper are members of our school community and after a motorbike accident in February John experienced severe concussion along with other injuries. He is suffering ongoing short term memory loss which impacts the family long term and on a day to day basis.

Gold Coin Donation
















Any added donations will be greatly accepted to support the Watkins family & Brain Injury Australia.

Please wear modest clothing and keep shoulders covered.

Please Note: **Covered shoes must be worn. No Hat No Play**

Thank you for your support !

Parklea Term 1 Planner

	Mon	Tues	Wed	Thurs	Fri	Sat / Sun
W1 Jan	23	24	25	26 Australia Day 	27 SDD	28/29
W2 Jan/ Feb	30 Yrs 1-6 Students Return 	31	1	2	3 Kindy Students Start Welcome to Kindergarten PSSA Trials 	4/5
W3 Feb	6	7 School Banking Table at School 	8	9	10 PSSA Trials 	11/12
W4 Feb	13 Swimming Carnival Riverstone Pool 	14 Primary Assembly 12:45pm	15	16	17 Summer PSSA Begins	18/19
W5 Feb	20 Glenwood HS Year 6 Taster Lessons P&C Bulb Drive Begins 	21 Infants Assembly 12:45pm P&C Meeting 7:00pm The Pond HS Parent Information Evening	22	23	24 PSSA	25/26
W6 Feb/ Mar	27 Glenwood HS Parent Information Evening 	28 Welcome BBQ + Meet the Teacher Night  Induction Assembly 12:30pm	1	2 Clean Up Schools Day 	3 No PSSA Ridges Zone swimming Carnival  Yr 6 High School Forms Sent Home	4/5
W7 Mar	6 Glenwood HS GAT Information Evening	7 Infants Assembly 12:45pm	8 EAL/D Parent Information session 9:15am – 11am Staffroom	9 Selective HS Placement Test	10 PSSA Winter PSSA Trials 2:00pm K-6 Perfections Close Yr 6 High School Forms Due	11/12
W8 Mar	13	14 Primary Assembly 12:45pm	15 Sydney West Swimming 	16	17 PSSA	18/19 Saturday 18th P&C Bingo Night 
W9 Mar	20 Harmony Day	21 Infants Assembly 12:45pm P&C Meeting 7:00 pm	22	23	24 Stage 1 Excursion Winter PSSA Payments Close	25/26
W10 Mar	27	28 K-2 Perfection Assembly 11:30am 3-6 Perfection Assembly 12:30pm	29	30	31 Stage 1 Excursion	1/2
W11 Mar	3 Proposed Staff Development Day	4 Proposed Staff Development Day	5 Easter Scripture Service Glenwood HS GAT Test	6 K-2 Easter Hat Parade 	7 ANZAC Day Ceremony 10:00am 	8/9

Note: The dates and times above are **subject to change**. Please check the school website for date and event confirmation.





sunsmart.com.au





Parklea Public School Canteen Menu

Breakfast

- ★ Pikelets (H, V) \$2.00
- ★ Cheese & Bacon Roll \$2.00
- ★ Mighty Milkshake \$1.00
- ★ Hot Chocolate \$1.00
- ★ Hash Brown (H, V) \$1.00

Sandwiches

- ★ Tuna (H) \$2.50
- + \$1 salad
- ★ Salad (H, V) \$2.50
- ★ Ham \$2.00
- + 50c cheese
- + \$1 cheese & tomato
- + \$1 salad
- ★ Egg, Lettuce & Mayo \$2.00
- ★ Jam (H, V) \$1.50
- ★ Honey (H, V) \$1.50
- ★ Vegemite (H, V) \$1.50
- ★ Cheese (H, V) \$1.50

Salad (T1&4)

- ★ Caesar \$3.50
- ★ Garden (GF, H, V) \$3.00

Hot Food

- ★ Chicken schnitzel burgers \$4.00
- ★ Spaghetti Bolognese \$4.00
- ★ Butter chicken \$4.00
- ★ Beef and Broccoli Stir Fry (GF) \$3.80
- ★ Cheesy beef burger (H) \$3.50
- ★ Fried Rice (GF, H, V) \$3.50
- ★ Lasagne \$3.50
- ★ Mac & Cheese (H, V) \$3.50
- ★ Mega Meatball Sub (H) \$3.50
- ★ Tuna and Broccoli Bake (H) \$3.50
- ★ Totally Tacos (H) \$2.50
- ★ Nachos (H, V) \$2.20
- ★ Quesadilla (H, V) \$1.50
- ★ Cheesy Meatball Pops (GF) \$1.00
- ★ Corn on the cob (GF, H, V) \$1.00
- ★ Herb & Garlic Bread (H, V) \$1.00
- (add cheese 50c)
- ★ Pizzas \$2.50-\$3.50
- (Cheese, Ham & Pineapple)
- ★ Crispy Chicken Strip (H) \$0.80
- ★ Pies \$3.40
- ★ Sausage Rolls \$2.80
- ★ Hot Dogs \$2.50

- ★ Wedges (H, V) \$2.50
- ★ Fish fingers x 3 \$1.80
- ★ Nuggets x 3 \$1.80

Winter (T2&3)

- ★ Beef Casserole (H, GF) \$4.00
- ★ Creamy Chicken Pasta (H) \$4.00
- Soup \$3.50
- ★ Chicken noodle (H)
- ★ Pumpkin (GF, H, V)

Drinks

- ★ Lite Milk \$2.20
- Choc, Straw
- ★ 600mL Water \$2.00
- ★ 100% Fruit Juice \$1.50
- ★ 250mL Water \$1.00
- ★ Quench \$2.00

Snacks

- ★ Popcorn \$1.00
- ★ Custard \$1.00

- ★ Veggie Cups \$1.00
- ★ Fruit \$1.00
- ★ Fruity Custard \$1.00
- ★ Fruit pops \$1.00
- ★ Pekish Crackers \$1.20
- ★ JJ'S \$1.40
- ★ Mamee Noodles \$1.00
- ★ Muffins \$1.00
- ★ Jelly \$1.00

Frozen

- ★ Juice Cup \$1.00
- ★ Juicy tube \$1.50
- ★ Moosies \$1.50
- ★ Ice Blocks \$0.80-1
- ★ Jelly \$0.20-1

Parents: Items marked with H, V & GF can be prepared as marked if requested. See canteen for details.

canteen creations



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\$5



Daily Dynamite Deals

STEP 1: CHOOSE YOUR MEAL



STEP 2: CHOOSE YOUR DRINK



STEP 3: ADD A SNACK



STEP 4: FRUIT IT UP



Name:
Class:

TOTAL:
Canteen Use Only



Want to order online?

STEP 1: Head to www.canteencreations.com, navigate to the Parklea Public School Canteen Portal and choose online ordering. Alternatively go to www.ouronlinecanteen.com.au

STEP 2: sign up using the registration form and activate your account

STEP 3: Login to the website and add your child/children . You can now add credit to your account if you wish. Please note, credit may only be used online not over the counter.

STEP 4: To place an order simply select your child, choose the date, add your items and confirm/pay. Remember: our cut-off time for orders is 9:00am each day.

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3. Log into the App and search for "Parklea Public School".
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Need help?

Contact: Parklea Public School

Email: parklea-p.school@det.nsw.edu.au

Phone: (02) 9629 2518





Occupational Therapy at Parklea Primary School

What is Occupational Therapy?

Occupational Therapists (OT's) are one of a team of professionals who work in schools to help enable children to learn to the best of their ability.

OT's support children in the following areas:

Regulation - Overreaction or withdrawal from sensory input such as touch or movement. Unpredictable behaviour, restless or fussy.

Attention and concentration - Always on the move, short attention span, constantly fidgeting or impulsive. Challenges with organisational skills.

Gross motor skills - this includes being able to participate in sport, core strength, balance, ball skills and coordination.

Fine motor skills - including hand strength, dexterity and manipulation skills.

Classroom skills - includes skills such as using scissors, drawing a recognisable picture, remembering letters and numbers, copying from the board.

Handwriting - including pencil grasp, writing legibility, speed and endurance.

Self care skills - looking after belongings, managing fastenings such as buttons and overall independence.

Play and social skills - playing cooperatively, coming up with good play ideas and making friends.

How to Make a Referral?

Nicole Patterson, one of our experienced Occupational Therapists is at Parklea Public once a fortnight during the school term.

Students usually start with an initial assessment to work out what might be contributing to the challenges they are experiencing in the classroom and/or at home.

We then use an integrated approach to work closely with the student, their family, teacher and other professionals to offer a holistic and current approach to occupational therapy treatment. Treatment at school can be individual or in small groups, depending what would be the best fit for the student.

If you would like your child to see an OT, please discuss your concerns with your child's teacher then ring us directly to make a referral.

Our Occupational Therapists are registered with the Occupational Therapy Board of Australia and registered with most private health funds. OT for Kids are also registered for Medicare rebates and FaHCSIA funding.



How to contact us.....

All new enquiries T| 02 4739 4401
Nicole Patterson M| 0439 290 006
36 Stanley St, Blacktown NSW 2148
E| admin@ot-for-kids.com.au



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Please don't hesitate to contact me

Matthew Briggs 0414980102

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